

CONCORDIA UNIVERSITY INTERNATIONAL
PHYSICAL EDUCATION AND SPORTS SYMPOSIUM

being conducted as a prelude to and in conjunction with the XXI Olympiad presents



**Training Methods & Techniques
Utilized by Olympic
Track & Field Athletes**

Lectures& Demonstrations by World Record Holders & Former Olympic Champions

PROGRAM

7:30 P.M. Dr. E.F. Enos, Director,
Concordia University International Physical Education
and Sports Symposium,
Words of Welcome.

7:55 P.M. STEVE SMITH POLE VAULTING
The world's only indoor 18' vaulter ... has set four world
indoor records ... was ranked the number one pole vaulter in
the world in 1973.

7:55 P.M. JEAN-LOUIS RAVELOMANANTSOA SPRINTING
Co-holder of the world 70 yard record from Tananarive,
Madagascar (French speaking).

8:15 P.M. One of the following female athletes:

WYOMIA TYUS SPRINTING
Only person, man or woman, to have won Olympic Gold medals
(100 meters '64 & '68) in different Olympic Games.

BARBARA FERRELL SPRINTING
Co-holder of world's indoor 50 meter & 60 yard record.

LACEY O'NEIL HURDLES
Holder professional indoor 100 meter hurdle record.



8:35 P.M. One of the following athletes:

BRIAN OLDFIELD SHOTPUT
First man to throw 70' indoors (1973) ... set three
world indoor records.

LEE EVANS MIDDLE DISTANCE RUNNER
Double gold medal winner in the 1968 Olympics ... holds
400 meter outdoor record ... set 5 world indoor &
6 world outdoor records.

8:55 P.M. One of the following athletes:

JIM RYUN DISTANCE RUNNING
World mile record holder at 3:51.1 former world record holder
at 1500 m & 880 yards

DAVE WOTTLE DISTANCE & MIDDLE DISTANCE
RUNNING
1972 Olympic Gold medalist (800m) equalled the world's 800 meter
record 1:44.3 in winning the 1972 U.S. Final Olympic Trials.

9:20 P.M. Seminar, Question & Answer Period ...
Rooms will be assigned in the lower level of the Physical
Education Centre for Bio-P.E. Majors, Teachers, and Coaches
attending the Symposium to meet and discuss subjects of
mutual interest with participating athletes.

DATE & DAY: Thursday, January 16, 1975.

TIME: 7:30 P.M.

PLACE: Loyola Physical Education Centre,
7200 Sherbrooke St. W.,
Montreal.

IF YOU NEED FURTHER INFORMATION, PLEASE CALL:
MRS. L. CORRIGAN, 482-0320, ext. 733

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